

OCTOBER 2018

Universal Family of Schools

Monday
Tuesday
Wednesday
Thursday
Friday

Chicken Alfredo
Broccoli
Applesauce
Milk

1

Chicken Nuggets
Corn
Goldfish
Apple Juice
Milk

2

Chicken Stir Fry
Carrots
Pears
Milk

3

Nachos
Black Beans
Peaches
Milk

4

Stuffed Crust
Turkey Pepperoni Pizza
Green Beans
Blueberries
Milk

5

Baked Mac & Cheese
Broccoli
Applesauce
Milk

8

Hot Dogs
Veggie Beans
Pears
Milk

9

BBQ Chicken
Rice
Cabbage
Apple Juice
Milk

10

Chicken Fries
French Fries
Peaches
Milk

11

Chef Salad
Baby Carrots
Cinnamon
Apple Slice
Milk

12

Spaghetti & Meatballs
Broccoli
Orange Slices
Milk

15

Chicken Burrito
Corn
Pinto Beans
Pears
Milk

16

Nachos w/Cheese
Carrots
Applesauce
Milk

17

Chicken Nuggets
French Fries
Gold Fish
Peaches
Milk

18

Pizza
Peas
Applesauce
Milk

19

Chicken Fries
Broccoli w/Ranch Dressing
Applesauce
Milk

22

Pasta w/ Meat Sauce
Pears
Peas
Milk

23

Chicken Cheese Steak
French Fries
Green Beans
Orange Juice
Milk

24

Turkey Roast
w/Mashed Potatoes
Gravy
Black Eyed Peas
Peaches
Milk

25

Hamburger
Salad Mix
Blueberries
Milk

26

Chicken Alfredo
Broccoli
Applesauce
Milk

29

Chicken Nuggets
Corn
Goldfish
Apple Juice
Milk

30

Chicken Stir Fry
Carrots
Pears
Milk

31
